

## Joint Health Care Committee (JHCC)

Meeting Notes

Wednesday, September 18, 2024

1:00pm – 3:00pm

### COMMITTEE MEMBERS

#### Unions:

- UNAC: Jill Dumesnil (JHCC Chair), ~~Abel Bult-Itte~~, Melanie Arthur, ~~Tim Hinterberger~~ (Alternate)
- Local 6070: ~~Charles Silva~~, Jeff Culley, ~~Shane Crawford~~, Jason Roach (Alternate)
- FFA: ~~David Mattox~~, ~~Greg Bean~~ (Alternate)

**Management:** Jonathan Lasinski, Luke Fulp, Ryan Buchholdt, ~~Jason Theis~~ (Alternate)

**Staff Alliance:** Monique Musick, Rachel Potter, ~~Brandon McKinney~~ (Alternate)

**Ex-Officio:** Memry Dahl, Heather Arana

**Support Staff:** ~~Tanya Hollis~~, Uriah Nalikak, Jenn Clapp, Timothy Armbruster, Alex Slivka

**Guests and Speakers:** David Hinckley (Lockton), Ellen Izer (Premera), Heidi Anderson (Premera)

### AGENDA

1:00 pm Call to order

Roll call

Approve draft agenda

Approval of [notes from August 21](#)

#### Topics for discussion and Reports/Review/Action:

#### New Business:

1:05 pm Chair report

Cost containment: we need to think beyond cost shifting to members. The Pacific Health Coalition may be an option. If others have suggestions please share so we can set it up. Knowledge meeting in November will be in Anchorage. Premera office at 3800 Centerpoint Dr. Wednesday, November 20 approximately 9-5 or 10-5.

1:10 pm CHRO Audit and Finance Presentation Update

CHRO Dahl recaps her presentation to the BOR at the audit and finance committee.

Link here:

[https://go.boarddocs.com/ak/alaska/Board.nsf/files/D8DVDY8037E6/\\$file/Board%20of%20Regents%20Update%20-%20UA%20Health%20Plan%20-%20Cost%20Trends%20%26%20Forecast%20-%20September%202024%20\(final\).pdf](https://go.boarddocs.com/ak/alaska/Board.nsf/files/D8DVDY8037E6/$file/Board%20of%20Regents%20Update%20-%20UA%20Health%20Plan%20-%20Cost%20Trends%20%26%20Forecast%20-%20September%202024%20(final).pdf)

1:48 Travel Benefit Presentation

There are three categories of travel benefits, each with their own rules and coverages. To navigate these, the best course of action is to call the customer service number on the back of your

insurance card and ask for someone in travel benefits.

### 2:15 pm Wellness Vendor Update

New vendor is Virgin Pulse, currently undergoing a rebranding effort. Communications going out October 1 to allow people to log into the new portal. Weekly updates have been coming in the weekly benefits newsletters.

### 2:22 pm Member Comments

Hard decisions coming up.

Please get documents out for the upcoming meetings at least a week in advance of scheduled meetings.

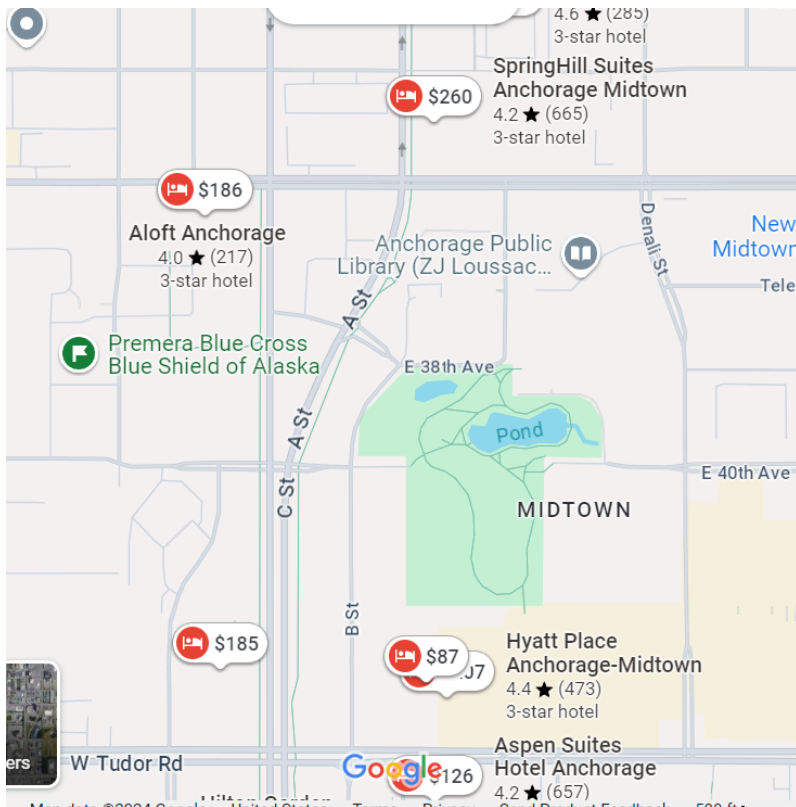
We are glad to all be working cooperatively toward the same goal.

Knowledge Meeting in November held on 11/20, starting at 10am, finished no later than 5pm

Location: Premera Blue Cross Blue Shield Office

JL Tower, 3800 Centerpoint Dr, Anchorage, AK 99503

Nearby hotels for those not able to fly in and out same-day:



### 3:00 pm Adjourn

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Next Meeting: October 16, 2024