## **Public Speaking - Competition Checklist**

This checklist is from the competition rubric and guidelines. Check to make sure each of these are completed.

Speed	h Requirements
	Speech is about the assigned topic.
	Speech is 3 – 5 minutes in length
	Speech reflects an understanding of multiple factors of the issue and points of view.
	Proposes well-founded solutions.
	Up to five 4 x 6 index cards used for speech (only one side of index card may be used)
	. Practice the speech delivery – several times. Think about eye contact, posture, pace,
	and voice clarity.
	Two copies of the speech need to be given to the judges at the National competition.